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## What is Valley Station Church?

It is a group of Christians determined to be pleasing to God. How do they do this? They do all in their power to follow the teaching of Jesus Christ with no changes, additions, subtractions or alterations.

It is a group of Christians that claim no human denominational affiliation — just Christians working and worshipping together at the Lord's word teaches. If you need Christ as your Lord and Savior, we believe you will find him among the Christians at Valley Station.

**Come and see.**

The **VALLEY TIDINGS** is published monthly by the church of Christ, meeting at 1803 Dixie Garden Drive, Valley Station, Kentucky 40272

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#### Assemblies

Sunday Bible Class 9:30 A.M.  
Sunday Morning Worship 10:30 A.M.  
Sunday Evening Worship 6:00 P.M.  
Wednesday Bible Classes 7:30 P.M.  
Ladies Class, Thursday 10:00 A.M.

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# Valley Tidings

## Set For The Defense of the Glad Tidings

Volume XI, January, 2010, Number 1

### *My Best Friend*

Do you have a best friend? Most people say they do whether they do have one or not!. Everyone wants to feel that they can relate to someone else and share their joys and their pains.

I have a friend too, that is very special. This friend tells me some very descriptive accounts of bygone days. They seem so real to me and I feel like I am really there. I can really learn a lot of history and how people lived and what they were like in times past. I can relate often to many of those people and their situations.



This friend of mine can also give me comfort. Whenever I am feeling down or hurt, I can find words of comfort to ease the pains or to help me get back up. Whenever I am feeling good, I can go to my friend and he can help me from getting to wrapped up in myself and losing sight of my goals. Regardless of the mood I am in my friend will always be there to help.

I am really happy to have this friend. We communicate often; at every opportunity that we can and that is at least every day. This is a friend that I am not ashamed of and like to share with others.

“Who is this friend that is so special?”, you ask.

### **My Bible**

Enjoy this friend that we both have in common and share this friend with others.

Monie Matthews

## Peace of Mind

An aged mentor of young men, before he graduated them, required them to list all the things they wanted to possess in life. He methodically reviewed each list and at the end, he addressed his class of youngsters. "These are excellent lists," he began slowly. "But, my young friends, it seems as if you each have missed the most essential and important ingredient of life. The one you overlooked is the one without which all these others become hideous torment and intolerable burdens. None of you wished for peace of mind." One of those young men was Joseph Liebman who later wrote the book, *Peace of Mind*. Well over a million copies of his book have been sold.

The Christian is promised **much** more than life here on earth. Jesus said, "I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture. The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly" (John 10:9-10). Peace of mind is the difference in mere life and an abundant life. There is no possible lasting peace of mind outside of living Christ's way. Jesus pictures life without Him as one of continual concern. Concern for the thief who robs, kills, or injures is never far away from us. If Christ had not come; if He had not made an abundant life possible, how miserable this world would be.

Our Lord's formula for peace of mind begins with complete trust in Him. In the work-a-day world we live in, He tells us not to be overly concerned about provisions for life. His summary of it is given in Matthew 6:24-34).



The principle set forth in this great text is that a divided mind leads to a confused life. Division of love, allegiance, and service between two masters leads to mental breakdowns. All who attempt to be half and half in both Christ and the world are doomed to personal defeat and internal strife. This inner struggle has to be decided one way or the other. The decision reached is the most important one life offers any rational being. It is a simple matter of finding out what is really important in life and then giving self completely to that.

Paul gives us an example worth following. Please read Philippians 3:8-14).

It is not so much a matter of what Paul left behind as it was the decision that there was but one thing of importance for him. That was his one goal in life. Toward that he continually pressed. He found the true peace that passes all understanding.

Jesus reminds the world of how dangerous a divided loyalty can be. In simple terms He said, "Remember Lot's wife" (Luke 17:32). This may have been a question He asked. In either case, there is a reminder here for all of us. Lot's wife is a reminder that indecision is perilous. We might do well to remember that she came from a god-fearing family, a family from which had come many great servants of God. She herself knew God. At a critical moment in life, she turned her back on all her earthly possessions, her life in Sodom. She started well, but then turned to have one last longing look at what she left behind. Charles Allen describes this beautifully. "Reaching for the stars with one hand and fingering the mud with the other, she revealed her divided heart, and she ended with misery in eventual destruction." (*Life More*

*Abundant*, Spire Books, page 92). She reminds us that we cannot serve two masters.

The one way to have true peace of mind is to commit life to Christ's service. One who did so was the great apostle Paul. He wrote, "I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me,

and gave himself for me" (Gal. 2:21). The commitment to follow Christ, for Paul, was a living example of Christ's invitation: "And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me" (Luke 9:23).

One can never find peace running from commitment to Christ. In the book *Quo Vadis*, the story tells of Peter who decided to leave Rome because he felt as if he had failed to convert them. As he is leaving, the story shows Jesus appearing to him and saying, "Quo vadis?" (Where are you going?) The story relates that this made Peter aware that he was turning his back on his duty and he returned to find peace of mind and eventually death as a martyr. That is just a story, a legend, but, there is a moral in it. Minds become frustrated that continually shirk responsibility.

Anxiety is a terrible problem once it is experienced. One of the cures God prescribes is given in Philippians 4:4-9. Please take time to read it.

Peace of mind requires great self-discipline and great courage. It provides a tremendously great blessing for life now with a promise of one that is far better in eternity. The land that is "fairer than day," is prepared for those whose minds are set solidly on things above and not on this world (Col. 3:1-3).

## What's Ahead

Green pastures are before me, which I have not seen;  
Bright skies will soon be over me, where the dark clouds have been.  
My hope I cannot measure, My path to life is free,  
My Savior has my treasure, And He will walk with me.

-- Anna Waring (1850)



Philippians 4:6-8 - Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

